

Using Your Quaker Faith to Support & Guide Your Parenting



As Quakers have you ever wondered:

- *How your Quaker faith can give support and guidance to your parenting?*
- *How your parenting is part of your spiritual journey?*
- *What guidance does Quakerism give to knowing how to deal with behavior challenges, from toddlers to teens?*

The Quaker Parenting Initiative, with support from the New England and New York Yearly Meetings, is offering an opportunity to explore these questions.

Who?

Parents and household caregivers of children 0-18, drawing from our Quaker faith, can find our deepest hopes and identify our values. A set of seasoned queries will give us a bridge between our dreams and everyday life. We can share with like-minded, like-hearted parents and feel the warmth and encouragement of community. A seasoned facilitator and Friend will serve as guide on our parenting trail.

How?

Using a virtual conferencing platform, parents and household caregivers of children 0-18 can sit at home in the evening after kids are tucked into bed and explore with others Quakerism and its meaning in their lives with their children.

When?

The 5-week series will meet beginning the second week in January. Weekly dates will be determined with input from registrants. Each session will be from 7:30-9:30pm local time. During the first sessions we present the queries and how parents use them. The topics of each session and the discussions build on what was covered earlier. Attending each session, though not required, best supports both the group sharing and the Individual's understanding.

Facilitator Harriet Heath, a member of Radnor Meeting (Philadelphia YM), is a parent of three grown children, grandparent of six grandson by birth and four granddaughters by inclusion. She is a licensed psychologist who has worked with Quaker parents in several yearly meetings over the last thirty years. She is also the author of the Pendle Hill Pamphlet, *Answering that of God in Our Children*, a manual for parents, *Searching to find the Way to Nurture Children to Become the People They Are Able to Be*, and editor of the book, *Paths to Quaker Parenting*.

Cost?

Thirty dollars per family for the five week series to be paid to the facilitator, Harriet Heath.

To learn more or sign up contact

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Coordinator of the Quaker Parenting Initiative

See www.quakerparenting.org



NEW ENGLAND
YEARLY MEETING
OF FRIENDS
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 **New York Yearly Meeting**
The Religious Society of Friends (Quakers)